Success is the sum of small efforts repeated day in and out.



Aspire Achieve Thrive

MAH

Computer Science

Name:

Tutor:

Half Term 3 2023-2024

French

KNOWLEGGE ORGANISER

History Geography



Art & Design
Spanish

Modern Britain

PE

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Book Pride

1	2
 No dates and titles are underlined Work is very untidy Extended writing tasks are incomplete SPaG errors being repeated Show more PRIDE in your learning. Be proud to learn and be proud of your work. 	 Some dates and titles are underlined Work is untidy Extended writing tasks are short SPaG errors being repeated
3	4
 Most dates and titles are underlined Work is usually neat and well presented Extended writing tasks are good SPaG is usually correct 	 All dates and titles are underlined Work is exceptionally neat and well presented Extended writing tasks are outstanding SPaG is consistently correct You are <u>RESILIENT</u>. You always show <u>PRIDE</u> in your work.

	Homework One	Homework Two	Homework Three
Monday	Geography	Computing	Sparx Reader
Tuesday	French / Spanish	Sparx Maths	Sparx Science
Wednesday	Sparx Maths	Sparx Reader	Modern Britain
Thursday	History	Sparx Science	Sparx Reader
Friday	Art	PE/Health	

<u>Geography</u> Half Term Three - Knowledge Organiser Questions

Week 1	Week 2	Week 3
 How many continents are there? Continents are masses of land usually made up of How many Oceans are there? What are the four main compass points? Name the two tropical parallels? Name the two circles around the poles? Name the country we live in? Name the continent we live in? 	 Why is it hard to grow food on Tuvalu? What other islands are affected by sea level rise? What industry is this affecting? What is damaging coral reefs? What does uninhabitable mean? What is migration? Where are Tuvaluvians migrating to? What effect does this have on Tuvaluan culture? 	 What is sustainability? What are the three P's of Sustainability? What is meant by social sustainability? What is meant by environmental sustainability? What is meant by economic sustainability? Why do people go to Svalbard? Explain an Impact of Climate change on Tuvalu? What is the Greenhouse effect?
Week 4	Week 5	Extended Writing Questions
Write a sentence to describe the following OS Map symbols: 1.Railway Station 2. Campsite 3. Caravan Site 4. Nature Reserve 5. Viewpoint 6. Information Centre 7. Parking 8. Place of Worship with tower 9. Non-Coniferous trees 10. Cliff	 What is a northing? What is an Easting? Describe a 4 figure grid reference Describe a 6 figure grid reference. What are the two golden rules? What is step one of finding a 4 figure grid reference? What is step two of finding a 4 figure grid reference? What is step one of finding a 6 figure grid reference? What is step two of finding a 6 figure grid reference? 	Week 1: Describe the locations of the world Continents and Oceans. Week 2: Explain the impacts of climate change. Week 3: Explain how we can be more sustainable. Week 4: Using Examples, explain why we use Map Symbols. Week 5: Explain the Golden Rules for using Grid references.

Geography: Half Term Three: Week 1 Topic Continents and Oceans			
Continent: A large landmass Ocean: A large body of water	There are seven continents: North America South America Asia Oceania Antarctica Europe Africa	There are five oceans;.	Atlantic Ocean Atlantic Ocean Pacific Ocean Pacific Ocean Pacific Ocean America South America South Antarctica Southern Ocean Antarctica ©EnchantedLearning.com

Geography: Half Term Three: Week 2 Topic Impacts of Climate change

Migration: People moving from one country to another

Uninhabitable:

A place is no longer able to support life.

- Sea level rise is forcing people to leave their homes in Tuvalu and migrate to New Zealand.
- Sea level rise is flooding crops in Tuvalu making it difficult to grow food.
- Sea level rise is affecting tourism in the Maldives as some islands are becoming uninhabitable
- Sea temperature rise is damaging the coral reefs in the Maldives.

Social

- Evacuation of people to the main island of Funafuti, which now hosts half of Tuvalu's population.
- Overcrowding due to the huge inter migration to the main island.
- People are forced to leave islands such as Tipuku Salvilivili has already been abandoned due to the rapidly rising sea levels swallowing the island
- The island's main source of food, Pulaka, is being killed by the intrusion of saltwater, this leads to diminishing food supply.
- Travelling on the island becomes a problem as it is constantly flooded

Economic

- Coconut plantations are being killed off, this is concerning as dried coconut meat plays a large part in Tuvalu's economy
- Hotels and buildings are constantly being flooded, this hampers trade, business and tourism
- Access to the island becomes limited due to the seawater covering the runway, this hampers materials from being imported into Tuvalu

Environmental

- Groundwater will become undrinkable as the sea water heads inland
- Crops cannot be planted as the seawater intrudes into the plantations
- The world would be alerted to global warming by using the sinking of Tuvalu as an example

Geography: Half Term Three: Week 3 Topic What is sustainability?

Sustainability

Meeting the needs of the present without compromising the needs of future generations to meet their own needs.

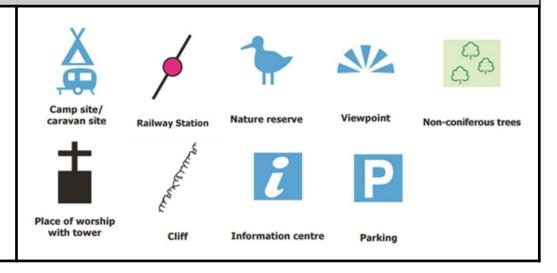


In Sustainability there are three different areas that need to be considered;

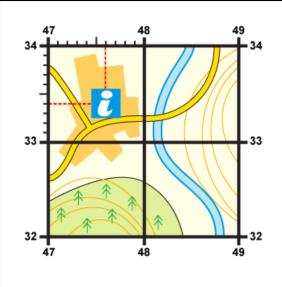
- People (social): Improve quality of life, provide a safe and healthy environment
- **Planet (environmental)**: Reduce waste and recycle when possible, making such that the impact on plants and animals is low.
- Profit (economic): Money must be made or available for something to be sustainable

Geography: Half Term Three - Week 4 Topic OS Map Symbols

OS map symbols: We use a KEY to identify symbols on an OS map. Learn the symbols shown below.



Geography: Half Term Three - **Week 5 Topic** 4 and 6 Grid References



4 Figure grid reference

The vertical lines are called **eastings**. And increase as to go east. The horizontal lines are called **northings** and increase in a northerly direction.

Six-figure grid references

Sometimes it is necessary to be even more accurate. In this case you can imagine that each grid is divided into 100 tiny squares. The distance between one grid line and the next is divided into tenths.

2 golden rules:

- Always go to the bottom left corner of the square you are looking for!
- 'Along the corridor and up the stairs!'

Finding a 4:

- I. Start on the left and go east until you get to the **bottom-left-hand corner** of the square you want. Write this number down.
- Move north until you get to the bottom-left corner of the square you want. Write it down after the number you already have. This is your four-figure grid reference. In this case, the tourist information office is in grid square 4733.

To find the 6 figure... after find the 4 figure

- Estimate or measure how many tenths across the grid square your symbol lies.
 Write this number after the first two digits.
- Next, estimate how many tenths up the grid square your symbol lies. Write this number after the last two digits. In this instance, the tourist information office is located at 476334.

Computing Half Term Three - Knowledge Organiser Questions

Week '	Week 1		Week 2		Week 3	
1. 2. 3. 4. 5. 6.	What is an email? What does CC stand for? What is CC used for? What does BCC stand for? What does BCC stand for? What 3 things should you always include in an email? What is the purpose of an email subject? How should an email be written?	1. 2. 3. 4. 5. 6. 7.	What is social media? Why is it important to think before you send? What should comments on people's work refer to? Why is it hard to judge online comments? What does it mean to collaborate? What is a digital footprint? What 3 things should always be included in an email? What is the purpose of an email subject?	1. 2. 3. 4. 5. 6. 7.	Why should victims save evidence of cyberbullying? What should comments on people's work refer to? What is meant by suitability? What is social media? Why is it important to consider your audience when creating something?	
Week 4	4	Week	5	Exten	ded Writing Questions:	
1. 2. 3.	What is a computer network? What is the internet? What is the name for a computer not connected to a network? What is a Transmission Protocol?	1. 2. 3. 4. 5.	What is Bandwidth? What is downloading? What is uploading? What is a network cable? What is a hub	email (to you homev	1: In your books, write an example of an including the subject) that you would send treacher, asking for help with a piece of work. Make sure it is written professionally spectfully	

6. What is a server?

7. What is a router?

5. Why is it an advantage to share devices

6. How do networks improve computer

7. Why can using a network cost more

money than standalone machines?

8. What are the dangers of using networks?

through a network?

security?

Questions:

Week 2: Why is it important to be aware of your actions online and your digital footprint?

Week 3: Explain how social media can be used to cyberbully, and what someone should do if they are cyberbullied through social media

Week 4: Explain the benefits of using a computer network

Week 5: Explain how using a hub can reduce the amount of cables needed in a network

8. Why is it an advantage to use a hub

instead of many cables?

Knowledge
Email is an electronic method of communication, allowing you to send a message through the internet When sending an email you should think about who the recipient is and make sure it is appropriate Emails should be respectful , professional and appropriate
An email should always include a subject, a greeting and a suitable ending An email subject is the section of an email which tells the user what the email is about

Computing: Half Term Three: Week 2 Social Media, Comments and Digital Footprints		
Keywords	Knowledge	
Social Media - websites and apps that enable users to create and share content and communicate with each other Collaborate - using technology to work together and to get feedback and advice	Think before you send: it is quite easy to make comments from behind a screen and not think about the impact that it has on the person receiving the comments. We need to think about our actions before we make comments. Comments on people's work should always be based on the work and not personal Remember that comments online can be hard to judge in terms of tone and sarcasm so be careful what you write as someone might misunderstand how you mean it Your Digital Footprint is the record that you leave behind whenever you do anything online. Any posts, comments or messages leave a permanent digital footprint and can be seen by anyone in the future.	

Computing: Half Term Three: Week 3 Presenting to an audience and Cyberbullying		
Keywords	Knowledge	
Suitability - Making sure that something is appropriate or correct for the people it is for Serif fonts - Fonts with kicks at the edge which look decorative but can be hard to read Sans Serif fonts - Fonts without little kicks which are plainer but easier to read	Advice for a victim of cyberbullying: Report it to the website/app (if possible) Tell a trusted adult Do not respond Save the evidence When making a presentation you need to consider: Your audience - who it is for and how you can make it suitable Effective use of images - use suitable pictures which match the tone and message of the presentation. Not too many though Effective use of text - use enough text to get your point across but not too much so that the viewer might lose interest and stop reading.	

Keywords	Knowle	edge
Computer Network - Two or more computers are connected together to allow them to communicate	Benefits and Drawbacks of u	using Computer Networks
	Benefits	Drawbacks
Internet - A global network of computers, file servers, web server, email servers, etc. Standalone Computer - A computer that is not connected to a network Transmission Protocol - A set of rules in order to pass on a message.	 Sharing devices such as printers saves money. Files can easily be shared between users. Network users can communicate by email and instant messenger. Security is good - users cannot see other users' files unlike on stand-alone machines. Data is easy to backup as all the data is stored on the file server. 	 Purchasing the network cabling and file servers can be expensive. Managing a large network is complicated, requires training and a network manager usually needs to be employed. If the file server breaks down the files on the file server become inaccessible. Viruses can spread to other computers throughout a computer network. There is a danger of hacking, particularly connected to the Internet

Computing: Half Term Three: Week 5 Networking Hardware and Bandwidth		
Keywords	Knowledge	
Bandwidth - Amount of data that can be transmitted in a given time. Higher bandwidth = more data per second. Download - Your computer receives data (e.g opening a webpage, listening to a music clip, streaming video) Upload - Your computer is sending data to the Internet (e.g putting a video on YouTube, posting a photo to Social Media)	 Network Cables Wires that are used to connect devices on a network To connect together different devices, you need cables. They have plastic plugs that connect into sockets on devices. Hub A hub connects a number of computers together. Ports allow cables to be plugged in from each connected computer. A message sent from computer A to computer B travels via the hub. Server Some networks will have a server (your home network at home probably doesn't). A server is a powerful computer which provides services. There are many different types of server, for example, a file server which stores files (i.e. text, images, sound, or video) that can be accessed by all devices on the network. Router When a network needs to be connected to another network, a router is needed. A router forwards messages from one network to another. It acts as a gateway. A common role of a router is to join a home network to the internet via an internet service provider (ISP). 	

French

Half Term Three - Knowledge Organiser Questions

Week 1
Q1. Fill in the gap: "Quelquefois, je vais au commercia
avec ma mère."
Q2. Translate the above sentence into English.
Q3. Correct the mistake: "De temps en temps, je joue à la
montagne."
Q4. Separate the words:
"Parfois,jevaisauborddelameravecmescopains."
Q5. Translate the above sentence into English.
Q6. Translate into French: "Normally, I go fishing with my

- father."

 Q7. Translate into French: "Normally, I go fishing with my father."

 Q7. Translate into French: "Usually, I go to the swimming pool
- Q8. Fill in the gap: Souvent, je vais au bord de la mer Mes potes.

Week 2

- Q1. Translate into French: Hi, I would like to introduce myself. Q2. Translate into English: Pendant la semaine, je n'aime pas faire mes devoirs.
- Q3. Translate into French: Yesterday, I decided to listen to music.
- Q4. Translate into English: Aujourd'hui, je vais lire des livres.
- Q5. Translate into French: At home there is me, my parents, my half-brother and my grandmother.
- Qô. Translate into French: I have a blue fish and a brown hamster.
- Q7. Translate into English: Je dirais que mes parents sont très amusants.
- Q8. Translate into English: Je ne m'entends pas bien avec ma soeur.

Week 3

- Q1. Translate into French: I live in Plymouth and I am English.
- Q2. Translate into English: Mon anniversaire, c'est le seize juin.
- Q3. Translate into French: I would like to have a white horse.
- Q3. Translate into English: Dans ma famille, il y a huit personnes.
- Q4. Translate into French: In my opinion, I am quite sporty (masc.).
- Q5. Translate into English: Yesterday, I decided to go out with my mates.
- Q6. Translate into French: From time to time, I play volleyball alone.
- Q7. Translate into English: Souvent, je fais de l'équitation.
- Q8. Translate into French: Sometimes, I go fishing with my

Week 4

- Q1. Fill in the gap: Le week-end, j'ai joué au tennis.
- Q2. Translate the above sentence into English.
- Q3. Correct the mistake: Heir soir, j'ai joué aux cartes.
- Q4. Separate the words:

Lemoisdernier, j'aijouéauvolleyavecmasoeur.

- Q5. Translate the above sentence into English.
- Q6. Unjumble: ping-pong / dernière / au / seul. / La / joué / semaine / j'ai
- Q7. Translate into French: Last year, I played ice hockey with my brother.
- Q8. Fill in the gap: La semaine dernière, j'ai aux échecs avec mes amis

Week 5

- Q1. Fill in the gap: Hier soir, j'ai du sport.
- Q2. Translate the above sentence into English.
- Q3. Correct the mistake: L'année dernière, je suis allé(e) de l'équitation.
- Q4. Separate the words:

Lasemainedernière, j'aijouéauxéchecsavecmamère.

- Q5. Translate the above sentence into English.
- Q6. Unjumble: soir / avec / j'ai / boxe / Hier / de / fait / copains. / la / mes
- Q7. Translate into French: Last weekend, I went to the pool with my grandparents.
- Q8. Fill in the gap: Hier, je suis allé(e) au centre sportif.

Extended Writing Questions - use your sentence builders to write 2 full sentences per question.

You may need to use your half-term 1 K.O - please see your French Google Classroom

<u>Week 1:</u> Qu'est-ce que tu fais pendant ton temps-libre? (What do you do in your free time?)

> sentence builder 12

<u>Week 2:</u> Est-ce que tu peux te présenter? (Can you introduce yourself?)

> sentence builder 1

Week 3: Qu'est-ce que tu aimes faire? (What do you like to do?)

> sentence builder 13

Week 4: Qu'est-ce que tu as fait hier soir ? (What did you do last night?)

> sentence builder 14

<u>Week 5:</u> Qu'est-ce que tu as fait hier soir ? (What did you do last night?) > different answer to week 4 please.

> sentence builder 14

WEEK 1: Qu'est-ce que tu fais pendant ton temps-libre What do you do in your free time?

SENTENC	SENTENCE BUILDER 12 - MY HOBBIES (PRESENT TENSE)						
Normalement Normally D'habitude Usually Quelquefois Sometimes Parfois Sometimes De temps en temps From time to time Souvent Often	je vais I go	au centre commercial to the shopping centre au centre sportif to the sports centre au parc to the park au bord de la mer to the seaside à la campagne to the countryside à la montagne to the mountains à la pêche fishing à la piscine to the swimming pool chez mon copain (m) /ma copine (f) to my friend's house	avec mon père with my dad avec mon frère with my brother avec ma soeur with my sister avec ma mère with my mum avec mes grands-parents with my grandparents avec mes copains with my friends avec mes amis with my friends avec mes potes with my mates seul(e) alone				

WEEK 2: REVISION WEEK - PLEASE USE YOUR TERM 1 K.O AS WELL AS THIS K.O. IF YOU DO NOT HAVE YOU PREVIOUS K.O, PLEASE CHECK YOUR GOOGLE CLASSROOM

- >> Revise your vocab
- >> Read sentences out loud
- >> Get someone to test you
- >> Go over the previous homework questions you got wrong / didn't do

WEEK 3: ASSESSMENT + DIRT - PLEASE USE YOUR TERM 1 K.O AS WELL AS THIS K.O. IF YOU DO NOT HAVE YOU PREVIOUS K.O, PLEASE CHECK YOUR GOOGLE CLASSROOM

- >> Revise your vocab
- >> Read sentences out loud
- >> Get someone to test you
- >> Go over the previous homework questions you got wrong / didn't do

WEEKS 4 & 5: Qu'est-ce que tu as fait hier soir ? What did you do last night?

SENTE	NCE BUILDER	14 - MY HOBBIES (PAS	T TENSE)
Hier soir Yesterday evening (last night)	j'ai joué I played	au foot football au basket basketball au tennis tennis au volley volleyball au ping-pong table tennis au hockey sur glace ice hockey aux écheos chess aux cartes cards	avec mon père with my dad avec mon frère with my brother avec ma soeur with my sister
Le week-end dernier Last weekend Le mois dernier Last month	j'ai fait I did	du ski skiing du sport sport du vélo cycling de l'équitation horse-riding de l'escalade rock climbing de la natation swimming de la planche à voile windsurfing de la boxe boxing des randonnées hiking	avec ma mère with my mum avec mes grands-parents with my grandparents avec mes copains with my friends
La semaine dernière Last week L'année dernière Last year	je suis allé(e) I went	au centre commercial to the shopping centre au centre sportif to the sports centre au parc to the park au bord de la mer to the seaside à la campagne to the countryside à la montagne to the mountains à la pêche fishing à la piscine to the swimming pool chez mon copain (m) /ma copine (f) to my friend's house	avec mes amis with my friends avec mes potes with my mates seul(e) alone

<u>Spanish</u>

Half Term Three - Knowledge Organiser Questions

Week 1:

Translate into English:

- 1. Mañana, voy a jugar al baloncesto con mi hermana.
- 2. La semana próxima, voy a ir al parque con mis padres.
- 3. El mes próximo, me gustaría hacer equitación con mis amigos.
- 4. El fin de semana próximo, me gustaría jugar al ajedrez solo.

Translate into Spanish:

- A. Next year, I would like to do windsurfing with my mum.
- B. Next week, I am going to go to the pool with my friends.
- C. Tomorrow, I would like to play table tennis with my brother.
- D. Next month, I am going to go to the seaside with my parents.

Week 2: (Use HT1 KO)

Translate into English:

- 1. Normalmente juego al billar con mi padre.
- 2. No me llevo bien con mi abuela porque es verdaderamente aburrida.
- No me llevo bien con mi prima porque es antipática.
- 4. A menudo voy a la costa con mis amigos.

Translate into Spanish:

- A. I don't get on well with my brothers because they are mean.
- B. I get on well with my half sister because she is a bit funny.
- C. Normally I play volleyball with my sister.
- D) Generally I do skiing with my mum.

Week 3: (Use HT1 KO)

Translate into English:

- 1. Hola me llamo Sofía y tengo cuatro años
- 2. Hola, mi cumpleaños es el ocho de octubre.
- Vivo en Londres pero soy español.
- 4. Translate: Vivo en Paris y soy francés.

Translate into Spanish:

- A. I am 20 years old.
- B. My birthday is on the 6th of November.
- C. I am from Barcelona.
- D. I live in Madrid and I am Spanish.

Week 4:

Translate into English:

- 1. Anoche, juqué al baloncesto con mis amigos.
- 2. El año pasado, hice natación y boxeo con solo.
- 3. La semana pasada, fui a la costa con mis padres.
- 4. El fin de semana pasado, jugué al ajedrez y fui a la piscina.

Translate into Spanish:

- A. Last night, I played volleyball with my dad.
- B. Last year, I went to my friend's house.
- C. Last week, I did rock climbing with my mates.
- D. Last weekend, I played ice hockey and I did hiking with my mum.

Week 5:

Translate into English:

- 1. Normalmente, juego al tenis con mi madre.
- 2. Anoche, fui a la discoteca con mis amigos.
- El mes próximo, me gustaría hacer atletismo y ciclismo con mis hermanos.
- 4. A veces, me gustaría jugar al billar con mis padres.

Translate into Spanish:

- A. From time to time, I play football and I do swimming with my sister.
- B. Last week, I went to the mountains with my parents and my brother.
- C. Next year, I would like to go to the sports centre and I would like to play volleyball.
- D. Often, I do horse riding but next week, I would like to go to the park.

Extended Writing Questions - Use your sentence builders to answer the following questions in Spanish. You must write a minimum of 2 full sentences.

Week 1: ¿Qué vas a hacer mañana? What are you going to do tomorrow?

Week 2: GRAMMAR - What verb should we be using when talking about sports? What verb should we be using when talking about activities? What verb should we be using when talking about places?

Week 3: GRAMMAR - What letter do most masculine adjectives end with? What letter do most feminine adjectives end with?

Week 4: ¿Qué hiciste ayer por la noche? What did you do last night?

Week 5: ¿Qué haces en tu tiempo libre? What do you do in vour free time?

¿Qué hiciste ayer por la noche? What did you do last

¿Qué vas a hacer mañana?

What are you

	Week 1							
9. ¿Qué vas a hacer r	nañana? What	are you going to do tomorrow?						
Sentence starters	Verbs	Sports / activities	Noun phrase					
	(yo) voy a jugar I'm going to play me gustaría jugar I would like to play	al fútbol football al baloncesto basketball al tenis tennis al voleibol volleyball al billar pool al ping-pong table tennis tenis de mesa table tennis al hockey sobre hielo ice hockey al ajedrez chess a las cartas cards	con mi padre with my dad con mi hermano with my brother					
Mañana Tomorrow El fin de semana próximo Next weekend El mes próximo Next month El año próximo Next year	(yo) voy a hacer I'm going to do me gustaría hacer I would like to do	atletismo jogging esquí skiing deporte sport ciclismo cycling equitación horse-riding escalada rock climbing natación swimming windsurf windsurfing culturismo weight training boxeo boxing senderismo hiking	con mi hermana with my sister con mi madre with my mum					
La semana próxima Next week		al centro comercial to the shopping centre al polideportivo to the sports centre	con mis amigos with my friends con mis colegas					
	(yo) voy a ir I'm going to go me gustaría ir I would like to go	al parque to the park a la costa to the seaside al campo to the countryside a la montaña to the mountains a pescar fishing a la piscina to the pool a la casa de mi amigo to my friend's house a la discoteca clubbing a un club de judo to a judo club	solo / sola with my mates alone					

Week 2

Revision week - Use your half term 1 and half term 2 Knowledge Organiser to revise your vocabulary. Make sure to pay attention to the spelling; Read words / phrases out loud; Get someone to test you. You can also complete previous homework questions to see if you can get them right.

Week 3

<u>Assessment + DIRT week</u> - Use your half term 1 and half term 2 Knowledge Organiser to revise your vocabulary. Make sure to pay attention to the spelling; Read words / phrases out loud; Get someone to test you. You can also complete previous homework questions to see if you can get them right.

Week 4 ¿Qué hiciste ayer por la noche? What did you do last night? Verbs Noun phrase Sentence starters Sports / activities al fútbol al baloncesto basketball al tenis tennis al voleibol volleyball al billar pool (yo) jugué al ping-pong table tennis I played tenis de mesa table tennis al hockey sobre hielo ice hockey con mi padre al ajedrez chess with my dad a las cartas cards con mi hermano atletismo jogging with my brother Anoche esquí skiing deporte sport Last night con mi hermana ciclismo cycling El fin de semana pasado with my sister (yo) hice equitación horse-riding Last weekend escalada rock climbing con mi madre El mes pasado natación with my mum windsurf windsurfing Last month culturismo weight training con mis amigos El año pasado boxing with my friends Last year senderismo hiking con mis colegas La semana pasada al centro comercial Last week with my mates to the shopping centre al polideportivo to the sports centre solo / sola al parque to the park alone a la costa to the seaside al campo to the countryside (yo) fui a la montaña to the mountains a pescar fishing a la piscina to the pool a la casa de mi amigo to my friend's house a la discoteca clubbing a un club de judo to a judo club

	Week 5							
¿Qué haces en tu tiempo libre? ¿Qué hiciste ayer por la noche? ¿Qué vas a hacer mañana?	What do you do in your f What did you do last nig What are you going to	ht?						
Sentence starters	Verbs	Sports / activities	Noun phrase					
Normalmente Normally	(yo) juego I play (yo) jugué	al voleibol <i>volleyball</i>						
Generalmente Usually A veces	I played (yo) voy a jugar I'm going to play me gustaría jugar	al billar pool al ping-pong table tennis tenis de mesa table tennis al hockey sobre hielo	con mi padre with my dad					
De vez en cuando From time to time	I would like to play	al ajedrez chess a las cartas cards	con mi hermano with my brother					
A menudo Often			con mi hermana with my sister					
Anoche Last night	(yo) hago	atletismo <i>jogging</i> esquí <i>skiing</i>	con mi madre with my mum					
El fin de semana pasado Last weekend El mes pasado Last month	(yo) hice I do (yo) voy a hacer	deporte sport ciclismo cycling	con mis amigos with my friends					
El año pasado <i>Last year</i> La semana pasada	I'm going to do me gustaría hacer I would like to do	natación swimming windsurf windsurfing	con mis colegas with my mates					
Last week		senderismo <i>hiking</i>	solo / sola alone					
Mañana <i>Tomorrow</i>								

El fin de semana pró				al centro cor	mercial	
/Vé	ext weekend					to the shopping centre
El mes próximo				al polideport	ivo	
·	Next month	(yo) voy				to the sports centre
El año próximo			l go	al parque	to the park	
Li ano proximo	Mostron	(yo) fui		a la costa	to the seaside	
1.	Next year		I went	al campo	to the countryside	е
La semana próxima		(yo) voy a ir		a la montaña	a to the mountains	S
	Next week		I'm going to go	a pescar	fishing	
		me gustaría ir		a la piscina	to the pool	
			I would like to go	a la casa de	mi amigo	
						to my friend's house
				a la discotec	a clubbing	
				a un club de	judo to a judo clu	ıb

Modern Britain

Half Term Three - Knowledge Organiser Questions

Week	Week 1		Week 2		Week 3	
1. 2. 3. 4. 5. 6. 7.	What is Shar'ia Law? What are rules? What is a law? Why are rules and laws created? Who creates the laws in the UK? Who is the Royal Assent? What punishment does the sharia law favour? What happens in the UK if you break the law?	1. 2. 3. 4. 5. 6. 7. 8.	What are Human Rights? What does UDHR mean? When was the UDHR issued? Give TWO examples of a human right What is a right? What is a responsibility? What are rules? What are laws?	1. 2. 3. 4. 5. 6. 7. 8.	What is diversity? How many world religions are there? What is a Buddhist? What is the bible? Who was the founder of Sikhism? What are the 5 K's What is the Menorah? What is the Tallit?	
Week	Week 4		Week 5		ded Writing Questions	
1. 2. 3. 4. 5. 6. 7. 8.	What does democracy mean? What is a dictatorship? What is parliament? What is a ballot box? How old are you when you can vote in the UK? What is the House of Commons? What is a public Gallery? What does MP stand for?	1. 2. 3. 4. 5. 6. 7.	What is a law? What is the House of Commons? What is Justice? What is the muslim view on the law? What do Christians believe about the law? What is 'pingpong'? What is a right? What is a responsibility?	argume Week 2 we use Week 3 live in I faiths? Week 4 importa	1: Why do we need laws? Give an ent for and against. 2: we live in a democracy, so explain how e our human rights? 3: Why is it important that we learn how to harmony when we all believe in different 4: Explain why the House of Commons is ent to show democracy. 5: Explain how a new law is made.	

Modern Britain: Half Term Three: Week 1 Topic

Rule of Law - What is it? We are governed by laws which we live by every single day.

Laws are made in parliament and a new law has to have Royal Assent, this means that the King signs the 'Bill' to make it a new law which we follow. The Shar'ia law also states that it would rather favours corporal and capital punishment. This law is important to Muslims and how they live.

Shar'ia Law - as a legal system; Shar'ia law is big as it regulates public behaviour, private behaviour and even private beliefs for a Muslim to follow.

Christianity Law - for most Christians knowing right from wrong is not as accepting every rule or command within the entire Bible.

Rules - a prescribed guide for conduct or action. This is something we all have to live and work by. They help to control and maintain order in society and in the workforce. We follow rules in school to keep us safe and we owe it to society to treat people how we want to be treated ourselves.

Law - is a set of rules that are created and are enforceable by social or governmental institutions to regulate behaviour.

Rules and Law create order and harmony in society. They protect and safeguard people. Laws in the UK are created by the government and parliament and are enforced by both the police and law courts. People who break laws are sentenced by a jury and could go to prison. Christians follow the standards which were provided by Jesus in the old testament. The 10 Commandments could be seen as laws that Christians follow.

Modern Britain: Half Term Three: Week 2 Topic

In 1948 the UN issued the Universal Declaration of Human Rights. It did not become law until 1998 in Britain. It is not legally binding but its content has been incorporated into the laws of many countries. It is also universal which means that it can be implemented into other countries in the world if needed.

Human Rights - this is a code of conduct for the protection of basic human rights, like the right to water, shelter, food etc

The UDHR (Universal Declaration of Human Rights) is there for any person who feels his or her rights have been violated under the convention.

The CDHR (Cairo Declaration of Human Rights) is there for Muslims to use and refer to if their rights have been violated under the convention. **Responsibilities** - this is something that you either have or should do.

Right - this is something given to an individual and communities. You have the right to an education, you have a responsibility to learn.

In the past social behaviour was conducted according to a sense of duty and responsibility to others. Today, however, there is much more emphasis on individual rights. The UDHR has now become a standard measure of human rights across the world. Some of the human rights which are often considered are a right to have food, water, shelter, a home, medical help, education and freedom of speech.

This topic is so important to all people on a daily basis. No matter who you are or where you come from, it is so important that we are all treated equally but also we follow the rule of law. A country with a democracy allows the people to have their say in a peaceful way, that does not harm others.

Modern Britain: Half Term Three: Week 3 Topic

Diversity - Each individual is unique and recognises our individual differences **Buddhism** - world religion that is over 2500 years old **Hinduism** - world religion that is over 3000 years old. **Judaism** - world religion over 2500 years old **Sikhism** - world religion over 500 years old **Abrahamic** relates to the prophet Abraham **Muslim** the followers of Islam. **Qur'an** - Holy book - ISlam **Guru Nanak** - a sikh who founded the religion called Sikhism. **Sikh** - a person who follows Sikhism. **Sikhism** - one of the world's main religions **5'Ks** - Are the markers of the Sikh identity and are worn everyday by a Sikh **Siddhartha Gautama** - the founder of the Buddhist faith

Buddhist - a follower of the Buddhism - world religion which has been in the world for over 2500 years

Bible - holy book - Christianity Jesus God's son Church holy place of worship Cross - symbol of Jesus dying and rising from the dead

Moses - founder of the jewish faith Covenant an agreement made with God Menorah - 7 stick candle drum Torah - Holy book - Judaism

Tallit - a fringed garment worn in prayer Islam - peace and submission .

Christianity - a follower is called a Christian. They believe that Jesus walked this earth over 2000 years ago and was the Son of God. Their holy book which has all the stories about how the world was created and who created it is called the 'Bible'. There are two parts to the Bible that Christians will read. One book is called The Old Testament, Genesis; the second book is called The New Testament, John, which was written about 1900 years ago.

Modern Britain: Half Term Three: Week 4 Topic

Democracy - A government run by the people for the people **Dictatorship** - A country governed by a Dictator. This person will tell you what is happening. Undemocratic rule, absolute rule. **Parliament** - the highest legislature, consisting of the Sovereign, the House of Lords, and the House of Commons. **Prime Minister** - In charge of the government and the leading party **Lord Speaker** - Chairs daily business in the House of Lords chamber and is an ambassador for the work of the house **Hierarchy** - The order of how things should be. A system showing rank and organisation according to status or authority. **Ballot Box** - This is where all the votes are placed to be counted. A sealed box where the electorate deposits their vote.

Bill - This is the trial agreement of a law once it has gone through the discussion and procedures of parliament

Election - How we vote for people we want to run our country 18 is when you can vote in the UK

Manifesto - A declaration of intention - how you would run the countries

House of Commons - Where parliament discusses the laws and MP's debate issues relating to society, like health, money and security.

Opposition - People who are against the government **Public Gallery** - People can come into the House of Commons and listen to the debate **Member of Parliament (MP)** - A person who has been elected by the people to represent them.

Constituency - the area where local people voted for the MP to represent them in parliament. This is often their home area for example Luke Pollard works in and around Plymouth when he is not in London in Parliament.

Modern Britain: Half Term Three: Week 5 Topic

Muslims views - Muslims the law must be obeyed especially those living in countries governed by Sharia law. In Britain Muslims support the British law. Under the Sharia law there is a way of punishing people according to the seriousness of the crime

Christian views - Christians believe the law should be respected and all offenders must be punished by the law. All offenders must have basic rights and should not be allowed to be punished in an inhumane or harmful way.

Monarch - The reigning sovereign in the United Kingdom. KIng Charles III signs any new law in the UK. It is not given royal assent by anyone else and it is not law until parliament have agreed it beforehand.

House of Commons - this house is governed by a group of MPs who make up the House of Commons commission.

House of Lords - this is the second house of the UK parliament, making laws.

Law - Rules made by parliament and enforceable by the courts. We have laws so that people do not live in fear. If we did not have any laws then there would be anarchy.

Justice - Due allocation of reward and punishment and the maintenance of what is right. This means that justice is done when it is right and fair. So the punishment meets the crime committed.

When it comes to making a law the government will debate the 'bill' between the two houses of parliament. When 'pingpong' between the two houses is completed and agreed, the King will sign the new law, known as Royal Assent and it then becomes a new law for everyone to follow.

There are also committees at both houses in parliament who scrutinise the work by the government.

History Half Term Three - Knowledge Organiser Questions

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- 1. What is a monarch?
- 2. How many monarchs of England have there been?
- 3. Who was the first English monarch?
- 4. How many ruling houses have there been?
- 5. Which monarch has ruled for the longest?
- 6. How long has the shortest reign been?
- 7. Which monarch had the most children?
- 8. Who is the current monarch?

Week 2

- 1. What did Edward the Confessor die without?
- 2. Which 3 people wanted to take over England after his death?
- 3. Who did the Witan choose to be king?
- 4. Where was the first battle against Harald Hardrada?
- 5. When was the Battle of Hastings?
- 6. What weapons did William Have?
- 7. Which monarch has ruled the longest?
- 8. Who was England's first monarch?

Week 3

- 1. What is a crusade?
- 2. Who was Richard fighting the crusades against?
- 3. Why did Richard decide to return home?
- 4. Who captured Richard on his way home?
- 5. Why is Richard given the name Lionheart?
- 6. How long of his reign did Richard spend in England?
- 7. . When was the Battle of Hastings?
- 8. Which 3 people wanted to be King in 1066?

Week 4

- 1. What relation was John to Richard the Lionheart?
- 2. What was John's nickname?
- 3. Who did John ban from England?
- 4. What did John raise?
- 5. Who rebelled against John in 1215?
- 6. What was the name of the 63 rights John was forced to sign with the barons?
- 7. What war did Richard fight against the Turks?
- 8. How long of his reign did Richard spend in England?

Week 5

- 1. What is an usurper?
- 2. Who was the War of the Roses between?
- 3. Who became king in 1483?
- 4. Why was this a problem?
- 5. Who took the throne later that year?
- 6. When was the Battle of Bosworth?
- 7. Which House took over the English monarchy after this battle?
- 8. What did King John sign in 1215?
- 9. Why did the people not like King John?

Extended Writing Questions

Week 1:Explain what is meant by the term a good monarch. Use specific examples in your answer Week 2:Explain why the Battle of Hastings happened

Week 3:Explain why Richard got the title 'Lionheart'

Week 4: Why was King John forced to sign the Magna Carta?

Week 5:Explain how Henry VIII became King of England

History: Half Term Three: Week 1 Topic -What makes a good monarch?

Key Words

Monarch- are the kings and queens of England who have ruled this nation since it became a kingdom

Heir - the person who will take over next on the throne

longevity - living a long time

Key dates

Athelstan 895-939 AD is considered to be the first King of the English

King Charles III is the current monarch of England he became king in 2022

Key Facts

Between Athelstan and Elizabeth II there have been 59 other monarchs including 7 queens - one of which only ruled for 9 days.

There have been eight ruling houses:-The Normans, Plantagenets, Lancasters, Yorks, Tudors, Stuarts, , Hanovers Saxe-Coburg-Gotha who became the Windsors during World war 1.

Some monarchs have ruled for a long time. Elizabeth 11 ruled for 70 years, Queen Victoria for 63 years and George II for 53 years.

Producing an heir is the important role of the monarch. Ideally you should produce an heir and a spare. For some this has been easy Edward III had 16 children, George III had 15 and Queen Victoria 9. However others have not been so successful. Queen Anne had 17 children but none of them lived past the age of 2. Henry VIII married six times but only managed to produce one son.

To produce an heir the monarch needs to marry well Henry II married Eleanor of Aquitaine to increase England's lands. Queen Victoria married Prince Albert of Saxe-Coburg and he helped her to rule at a time when women were not seen as capable of ruling a country. Others however had not been so successful in their choice of partners. Mary Queen of Scots chose to marry her Cousin Henry Stewart - Lord Darnley but he turned out to be a drunkard and diseased. She had him murdered by Lord Bothwell who she then married. This was too much for the people of Scotland who drive her out of her country

History: Half Term Three: Week 2 Topic - Why was the lack of successor a problem?

Key Words

Heir - the person to come next on the throne **Successor** - the person who takes over the throne

Witan - English Parliament
Cavalry - soldiers on horseback

Infantry - foot soldiers
Fyrd - untrained soldiers
Housecarls - trained soldiers

Key Dates

1066= Battle of Hastings

25/12/1066 - William was crowned King of England

Key Facts

- Edward Confessor died without an heir
- 3 people wanted to be King and had been promised the throne Harald Hardrada King of Norway, Harold Godwinson Earl of Wessex and Duke William of Normandy
- The Witan (English Parliament) made Harold Godwinson the king
- Harald Hardrada and Godwinston's brother Tostig tried to invade England but were defeated at Battle of Stamford Bridge
- Duke William then invaded and fought Harold Godwinson at the Battle of Hastings 14th October 1066
- Duke William had cavalry, archers and infantry.
- Harold Godwinson had battleaxes , Housecarls and Fyrd and positioned himself on Senlac Hill
- Duke William performed a good strategic (the trick) move which won him the battle and made him King of England

History: Half Term Three: Week 3 Topic - What happens when the King is absent?

Key Words

Crusade - a series of religious wars

Jerusalem - Holy city of both Christianity and Islam

Saladin - a tough soldier who was incharge of the Turkish forces

Ransom - sum of money paid for the release of a kidnap victim

Key Dates

King of England from 1189 until his death in 1199.

Key knowledge

- Richard was one of the leaders of the Third Crusade against Saladin.
 During his journey, he conquered Sicily and Cyprus. He fought in the
 Battle of Acre and the Battle of Arsuf. In the end, the crusade never
 succeeded: Richard was never able to win back Jerusalem from the
 Muslims. He decided to return home to England.
- On his way back from the crusade, Richard was captured by Duke Leopold of Austria. The English people had to pay a huge ransom to set him free. He was considered a very brave and noble king and this is the reason for his nickname Lionheart.
- However he spent only six months of his eleven-year reign in England which meant England was left under the control of his brother John. Law and order began to decline and taxes were high. This was also when the legend of Robin Hood began. He died after being shot with a crossbow while besieging a castle in Limousin

History: Half Term Three: Week 4 Topic - Why did the barons challenge King John?

Key Words

Barons - those who owned land

Rebellion - when a group turn against their leader

Magna Carta - document signed with the barons . A list of rules the king agreed to

Key Dates

The Magna Carta - 1215

key Knowledge

King John was the son of Henry II and the brother of Richard Ist known as the lionheart for his bravery in the crusades. Many people did not think he should be king. He had the nickname John the landless because his brothers had taken all the landJohn made a series of mistakes as King which annoyed people:-He lost wars against France losing all the land in Normandy his dad had ruled. He became known as a soft swordHe upset the Pope because he tried to control the church and appoint bishops. He banned the Pope from England which meant there could be no christenings, weddings or funeralsHe asked for higher taxes because Richard had spent too much money on the crusades. John's brother Richard had spent all the money England had fighting the crusades. John was cruel; he threw blind monks out of the monasteries and murdered his nephew. People who used the forests had their eyes poked out. In 1215 the barons rebelled against John. The barons came up with 63 rights they thought they should have. This was called the Magna Carta and was signed at Runnymede in 1215.

History: Half Term Three: Week 5 Topic - What happens when the King is a usurper?

Key Words

Usurper - a person who takes a position of power or importance illegally or by force.

Key Dates

War of the Roses 1422 to 1485 Battle of Bosworth - 22nd July 1485

Key Dates

- War of the Roses was between House of Lancaster (Red Rose) v House of York (white Rose) over who should be king
- Edward IV (York) restored peace until he died suddenly in 1483 leaving a twelve year old boy as King Edward V
- Edward V was too young to rule so he was given his Uncle Richard to be his protector
- Edward and his younger brother were sent to the Tower of London to wait or his coronation they were never seen again
- Uncle Richard made himself RIchard III after he claimed Edward V's parents were never married and therefore he could not be king
- Henry Tudor from House of Lancaster challenged for the throne
- Battle of Bosworth 22nd July 1485 ended the war of the Roses
- Richard III was killed and the Tudors became the monarchs of England

Art, Craft and Design

Art, Craft & Design - questions

Week	1	Que	stions

- 1. Drawing from looking directly at an object in front of you is called what?
- 2. Colours that are opposite each other on the colour wheel are called what?
- 3. How do you make a **secondary** colour?
- 4. What are the three warm colours?
- 5. What are **sketches**?
- 6. How do you make a **tertiary** colour?
- 7. Colours next to each other on the colour wheel are called what?
- 8. What are **complementary** colours?

Week 2 Questions

- 1. What does Shmekh Bluwi do for a living?
- 2. How did Shamekh Bluwi gain worldwide popularity?
- 3. Where is Shamekh Bluwi's hometown?
- 4. What does Shamekh Bluwi do to his 2D drawings on paper?
- 5. Shamekh Bluwi has created a beautiful series of what?
- 6. What type of world does Shamekh Bluwi bring into his work?
- 7. What does Shamekh Bluwi utilise in his work?
- 8. Is Shamekh Bluwi's work inspired by menswear or womenswear?

Week 5 Questions

- I. What are the three **primary** colours?
- 2. What are the three cold colours?
- 3. What is **observational drawing**?
- 4. What does **monochromatic** mean?
- 5. What are **harmonious** colours?
- 6. How do you make a **tertiary** colour?
- 7. Colours next to each other on the colour wheel are called what?
- 8. How can you produce a range of tones using pencil?

Week 3 Questions

- 1. What word means "not ordinary"?
- 2. What is another word for shading?
- 3. What word describes how an image is made up?
- 4. What can ink be used for?
- 5. What are illustrations?
- 6. What does to **specialise** mean?
- 7. What does **monochrome** mean?
- 8. What is another word for shading?

Week 4 Questions

- I. What is printmaking?
- 2. What word describes a way of producing lines?
- 3. What does **monochrome** mean?
- 4. What does **pointillism** mean?
- 5. What does **shape** mean?
- 6. What does **form** mean?
- 7. Mixing colours is also known as what?
- 8. What does **abstract** mean?

Extended Writing Questions

Week 1: Explain what a *tertiary* colour is and how you make one.

Week 2: Why do you think *Shmekh Bluwi* produces his work?

Week 3: Explain what *complementary* colours are, including where they are on the colour wheel and give an example.

Week 4: Explain how you produce a *monoprint*, using oil pastels.

Week 5: Explain what *harmonious* colours are, including where they are on the colour wheel and give an example.

Methods of Recording				Colour Theory			
Observational drawing	Drawing from looking at images or obj	ects.		Primary: Red, Yellow, Blue			
First hand observation	Drawing directly from looking at object	ts in front	of you.	Secondary: Primary + Primar Tertiary: Primary + Secondar	•		
Second hand observation	Drawing from looking at images of obje	ects.		Shades: Add black Tints: Add white			
Photographs	Using a camera or smartphone to reco	ord images	will	Harmonious: Colours next to	Colours opposite on the colour wheel ours next to each other on the wheel		
Sketches	Basic sketches and doodles can act as a for development.	ı starting p	ooint	Monochromatic: Shades, tones and tints of one colour Hue: The pigment Warm: Red, Orange, Yellow			
Tonal shading	Produce a range of tones by varying the layering - consider using softer pencils	•		Cold: Blue, Green, Purple			
Developing your idea as a final piece.		LINE		Horizontal, vertical, diagonal, straight, curved, dotted, broken, thick, thin.	Rule of thirds – Place focal objects at 1/3 or 2/3 of the image		
Rough - A basic sketch of a		SHAPE	•	2D/flat, geometric (square, circle) organic (non straight edges)	horizontally or vertically. Not in the middle		
final idea A Visual/Maquette - A small image or model created in the		FORM	E	3D, geometric (cube, sphere, cone) organice (all other forms such as people, animals, tables, chairs etc.)	Balance elements. If there is an emphasis on one side balance it out with smaller objects on the other		
selected materials Final Piece - An image or		COLOUR	Ŷ	Refers to the light, hue, value and intensity of the pigment.	Simplify and fill. Enlarge or		
sculpture pulling all preparatory work together		TEXTURE		The feel, appearance, thickness or stickiness of a surface. (smooth, rough, furry, silky, bumpy, shiney)	crop the image to fill the space		
		SPACE	M	The area around, within, or between images or parts of an image. Relates to perspective and positive and negative space.	Use lines. Lines will draw the viewer in, they don't have to be straight, consider S or C		

WEEK 2:

Assessment Objective 1: Contextual Understanding - Develop ideas through investigations, demonstrating critical understanding of sources.

Shamekh Bluwi

Shamekh Bluwi is a Saudiian illustrator and fashion designer. He gained worldwide popularity after he published sketches of women whose dresses were cut off so that the background is seen, he uses most of this art in his hometown Amman as the background

Cutting shapes into his 2D drawings on paper, Bluwi has created a beautiful series of photographs that present his designs against backdrops that literally bring the 'real world' into his work. Utilising anything from cityscapes to cloud patterns, freeways to trees in bloom, each scene imparts his womenswear designs with the fabric of reality.





WEEK 3: Assessment Objective I	: Contextual Understanding - Develop ideas through investigations, demonstrating critical understanding of sources.
TIER 2 Vocabulary and definitions	TIER 3 Vocabulary and definitions
Achieved - successfully doing something Pursue - to go after something Specialise - to concentrate on something Inspiration - to get ideas from Soaking - apply lots of water Composed - made up of Scratchy - a way of producing lines Unique - not ordinary Mysterious - difficult to make out/understand	Painting - using paint to create a picture Abstract - an image that makes you think about what it is. It isn't clear from first observation Tone - shading Line - how an image is made up Shape - how a 2D image is made up Form - how a 3D image is made up Acrylic - a type of paint Blending - mixing colours Organic - natural Monochrome - all the shades of one colour Pointillism - a technique that uses dots to create a tonal image Illustrator - a professional drawer Illustrations - produced by an illustrator Draws - lines and shapes that make up the artwork Sketches - to plan a drawing, to draw lightly Watercolour - a type of paint Ink - liquid to draw or write with Technique - the method used when using materials
	Printmaking - a technique of producing artwork using ink and a print base

WEEK 4: Assessment Object	tive 2: Creative Making - refine work by exploring ideas and experimenting with appropriate media, materials, techniques and processes.
Materials	The same as media but can also refer to the basis of the art work eg. canvas, paper, clay.
Techniques	The method used to complete the art work, can be generic such as painting or more focused such as blending.
Processes	The method used to create artwork that usually follows a range of steps rather than just one skill.
Pencil	The basic tool for drawing, can be used for linear work or for shading. Coloured pencils can be layered to blend colours, some are water soluble.
Pen/Biro	Drawings can be completed in pen and shaded using hatching or cross hatching.
Pastel/Chalk	Oil and chalk pastels can be used to blend colours smoothly, chalk pastels give a lighter effect.
Acrylic paint	A thick heavy paint that can be used smoothly or to create texture.
Watercolour	A solid or liquid paint that is to be used watered down and layered.
Pressprint	A polystyrene sheet that can be drawn into, to print the negative image - can be used more than once.
Monoprint	Where ink is transferred onto paper by drawing over a prepared surface. Only one print is produced using pressure in certain areas.
Collagraph	A printing plate constructed of collaged materials, producing prints that are based on textures.
Card construction	Sculptures created by building up layers of card or fitting together.
Wire	Thick or thin wire manipulated to create 2D or 3D forms.

Week 1 - Football

- 1. How do you score a goal?
- 2. Why would a throw-in be awarded?
- 3. How many players are in a team?
- 4. What happens after a goal is scored?
- 5. Why would a penalty be awarded?
- 6. What does offside mean?
- 7. How long does each half last in professional football?
- 8. How many yards is the box that the keeper is allowed to handle the ball in?

Week 2 - Hockey/Football

- 1. How do you score a goal in hockey?
- 2. What part of the stick is not allowed to be hit with in hockey?
- 3. How many players are in a team in hockey?
- 4. What happens after a goal is scored in hockey?
- 5. Why would a penalty be awarded?
- 6. What does offside mean in football
- 7. How long does each half last in professional football?
- 8. How many yards is the box that the keeper is allowed to handle the ball in within football?

Week 3 - Lacrosse

- 1. What instrument starts and stops a match in lacrosse?
- 2. What does the term 'own goal' mean in lacrosse?
- 3. Where on a lacrosse playing field can a goal be scored?
- 4. Can you name a foul in lacrosse?
- 5. What equipment do we use to help us score in lacrosse?
- 6. What reason allows us to enter the goal crease in lacrosse?
- 7. How many players on each side in a lacrosse match?
- 8. When there is a penalty foul, how many metres must the defender stand away from the attacker?

Week 4 - Skeletal System

- 1. Where will you locate the cranium?
- 2. Identify the three bones found in the arms.
- 3. What bone is located in the shoulder?
- 4. How many bones can be found in your legs?
- 5. Name 4 bones found in your upper body.
- 6. What bone protects the organs within your chest?
- 7. Explain the location of the Tibia bone.
- 8. Where will you locate the sternum?

Week 5 - Components of Fitness

- 1. What is the skill related component of fitness beginning with P
- 2. What does Coordination mean?
- 3. How many skill related components of fitness are there?
- 4. How many physical components of fitness are there?
- 5. What does Aerobic endurance mean?
- 6. Describe a sports person that would need good flexibility?
- 7. Describe when a footballer could use speed to benefit them?
- 8. Name a sport where reaction time would be beneficial.

Extending Writing Questions

- 1. Why are rules important in sport?
- 2. Why is the skeletal system important?
- 3. Why would power be useful in lacrosse and hockey?
- 4. Why would a netball player need good balance?
- 5. Why would a rugby player need high levels of muscular strength?

PE: Half Term Three: Week 1 Topic - Football

- The whole ball must cross the goal line for it to constitute a goal.
- A referee may award a foul if they believe an unfair act is committed by a player. A foul contravenes the laws of the game and can be given for a range of offences (for example, kicking the player, pushing, handball etc).
- Fouls are punished by the award of a free kick (direct or indirect, depending on the offence) or penalty kick to the opposing team if it is committed in the penalty box.
- In cases of foul play, a referee can penalise players with either a yellow or red card. A yellow card gives a player a warning about their conduct and a red card requires them to leave the pitch.
- In the event that a player receives two yellow cards, the referee will automatically show a red card.
- A throw-in is awarded to a team if the opposition kicks the ball over the sidelines.
- A corner kick is awarded to a team if the opposition kicks the ball over the goal line and either side of the goal posts.
- If the score was 0-0 and a team then scores, it becomes 1-0 and the team that conceded the goal will then be the team to kick off from the centre circle.
- A player is never allowed to handle the ball unless they are the goalkeeper and even then, they can only handle the ball in their own 18 yard box
- If an outfield player was to deliberately handle the ball to stop the ball from going in the goal, due to stopping a goal scoring opportunity, they would be given a straight red card and sent off the pitch.
- Each game must include one referee and two assistant referee's (linesmen). It's the job of the referee to act as timekeeper and make any decisions which may need to be made such as fouls, free kicks, throw ins, penalties and added on time at the end of each half. The referee may consult the assistant referees at any time in the match regarding a decision. It's the assistant referee's job to spot offsides in the match (see below), throw ins for either team and also assist the referee in all decision making processes where appropriate.

PE: Half Term Three: Week 2 Topic - Hockey

Scoring

In hockey, a goal is scored when the whole of the ball passes between the goalposts and travels fully over the goal line. However, a goal is not awarded until the umpire has signalled this and they are confident that no infringement of the rules has been committed.

Goals can only be scored from in the shooting D, this is a semicircle shape around the goal.

The team at the end of 70 minutes with the most goals will be awarded the winners. However, in the event that both teams have the same score, a draw is recorded.

Rules

Foot

The ball hitting the foot of a player is not permitted. If the ball touches the foot of a player outside of the shooting D, then a free-hit will be awarded, all players must be 5 metres away from the site of the freehit.

If the ball touches a foot of a defending player inside the shooting circle then a penalty corner will be awarded. If the ball hits an attacking player's foot in the shooting D then a free hit will be awarded to the defending team.

Back stick

The ball is only permitted to touch the flat (front) of the stick, if the back of the stick is used by a player, they will have a foul against them awarded. If the foul is in the shooting D then a penalty corner could be awarded.

Pitch Markings

The pitch is encased by 2 side lines or touchlines, and 2 baselines. The shooting D surrounds each goal and beyond that there is a 20 metre line, the final marking is the halfway line.

PE: Half Term Three: Week 3 Topic - Lacrosse

Start/stop of play

All play is started and stopped by the sound of a whistle

Scoring:

Shooting the ball with a stick so that it passes wholly over the goal line scores a goal. 'Own goals' can be scored if the ball comes off the defender's stick or body. Goals may only be scored from the attacking half of the pitch. No player may enter the goal crease but may reach in with the stick to recover the ball.

Fouls

- No stick or body contact
- No intentional ball off body
- No dangerous propelling (passing or shooting through or 'blind')
- No dangerous follow through with stick (following pass/shot)
- No entry into goal crease
- No trapping/guarding ball (but momentary 'rake' is allowed)
- Maximum 4 second possession of the ball by a player (which cannot be increased by throwing/rolling to oneself)
- No defending the goal by standing in the 5m space in front of goal

Penalty for fouls

- Free position to nearest opponent
- Offender is placed 3m behind player
- All others 3m away

PE: Half Term Three: Week 4 Topic - Skeletal System

Bones							
dy (waist up)	Lower Body (waist down)						
Location	Name	Location					
Head	Pelvis	Hips					
Collar bone	Femur	Thigh					
Shoulder	Patella	Knee Cap					
Middle of chest	Tibia	Front of lower leg					
Chest	Fibula	Side of lower leg					
Upper arm	Tarsals	Ankle					
Lower arm	Metatarsals	Foot and toes					
Lower arm	Phalanges	End of toes					
	Location Head Collar bone Shoulder Middle of chest Chest Upper arm Lower arm	Location Name Head Pelvis Collar bone Femur Shoulder Patella Middle of chest Tibia Chest Fibula Upper arm Tarsals Lower arm Metatarsals					

PE: Half Term Three: Week 5 Topic - Components of fitness

Skill related components of fitness

- Agility The ability to change direction quickly
- Balance Maintaining your centre of mass over a base of support
- Coordination The smooth flow of movement needed to perform a motor task efficiently
- Power speed x strength
- Reaction Time Time taken to respond to a stimulus

Physical components of fitness

- Muscular Endurance The ability of the muscular system to work efficiently and continue to contract over a period of time against a light to moderate load.
- Aerobic Endurance The ability of the cardiorespiratory system to work efficiently, supplying nutrients and oxygen to working muscles during sustained (long lasting) physical activity.
- Muscular Strength The maximum force (strength) that can be generated (made) by a muscle or muscle group.
- Speed Speed (m/s) = distance (m) / Time (s).
 - o There are three types of speed:
 - o Accelerative speed sprints up to 30 m
 - o Pure speed- sprints up to 60 m
 - Speed endurance- sprints with a short recovery period (rest) in between.
- Body Composition The relative ratio (amount) of fat mass to fat-free mass in the body
- Flexibility Being able to move a joint fluidly through its complete (whole) range of movement



Develop your character

