

# A student's guide to

# EFFECTIVE REVISION



*find what works for you!*



## Lets get started

Leaving all your revision and cramming at the last minute is stressful and has limited success. The earlier you start revising, the more likely you are to effectively cover all the content and remember it



## Put a plan in place

Work out how much time you have and how long you can spend on each subject/topic- make sure all subjects get adequate time set aside!



## Take regular breaks

It is possible to work too hard or for too long in one go! Your brain needs a rest to help it process information.



## Create a suitable space

Find a quiet spot away from distractions such as the TV/your phone and keep your things all in one place, organized by subject!

## REVISION STRATEGIES:



### Create your own revision resources using Flashcards.

**Method 1:** Write a question on one side of the card and the answer on the back.



**Method 4:** Draw a diagram on one side, and the sequence and process on the back

**Method 3:** Write the quote on one side, and your thoughts/themes on the back

You can colour code your flash cards into topics, case studies or subjects!



### Dual Coding- putting a visual next to your written information!

Your images must be relevant to the information you have written. Therefore if you were to see the image without the text, it should trigger you to remember/recall the information



**Quizlet** is another online platform in which you can create your own flashcards but digitally. You can access hundreds of other quizzing resources for your chosen topic/subject created by other users too!



### Seneca Learning website:

Seneca has been designed by cognitive scientists to help students remember topics better and reduce their stress levels. You can access revision notes on each of your topics and then take quick tests to check your learning.



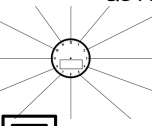
### Switch the subject of conversation:

It's so easy to be distracted by friends or be tempted to put revision on the backburner for a quick chat so get the best of both worlds; quiz each other. Showcase all your knowledge to your friend, share ideas, you never know, they may have an idea or understanding about something, that you haven't!



### Concept maps/mind maps:

A popular method is concept/mind mapping. Put a question or a topic in the center of the page and develop the idea into subtopics; including facts, chains of development, themes and/or quotes.



### Revision clocks:

These sheets are available with a quick google. Broken into 12 sections this is a good way to break down a topic into small manageable chunks. You can even break it down into 5 minute chunks to see how much you remember!



### Deliberate practice

Set time aside to practice what you will be doing in the exam - answering exam questions! Ask your teacher for questions!



### Personal learning checklists:

Using the specification, create a list of topics you need to know and RAG your confidence. Ask your teacher first as they may have these already.

### Revision guides/ knowledge organisers:

Use revision guides or knowledge organisers to help you focus in on what you need to learn. Use these in conjunction with another method mentioned.



### Provide someone at home with a list of key terms or questions:

Provide someone at home with a list of key terms or questions that you want to master this week; every time they see you, they have to ask you one of these questions! It may even replace the usual conversation at the dinner table!

## REVISION MISCONCEPTIONS:

There are many ways to revise, yet there are certain activities that make you feel like you are effectively revising, but in most cases, are just superficial!



**Highlighting:** More often than not we highlight text without actually thinking about why we are highlighting what we are highlighting. "To highlight everything, is to highlight nothing!"



### Re-reading/summarising:

Ensure that you are reading and making notes with an intended purpose, simply reading text is unlikely to provide you with information that will make its way into your long term memory!

**TOP TIP:** Colour code into themes to ensure your notes have a logical thinking process behind them

