

12th June 2023

Dear Parents/carers,

As year 10 nears the end of the academic year and they move into year 11 it is essential all students continue to prepare for next year's GCSE exams.

To help support and prepare your son/daughter for next year's exams we are planning on completing their first set of mock exams. This will start on June 21st 2023. The exams programme (attached on the back of this letter) will include exams for most GCSE subjects.

In order to be successful in their exams staff are going through exam papers and revision questions in lessons. Students also need to ensure they are revising at home by completing exam questions, online homework, using revision flashcards and making comprehensive notes in their homework books.

To give students a full experience of what an exam season feels like, results will be sent home during the final week of term. Any students who have concerns or worries regarding their results should contact their head of year or Mr Gill and we will arrange a meeting to discuss them so all worries are resolved before the Summer Holiday and each student can hit the ground running in September.

Some additional ways to support your child with revision can be found here on our school website: [Revision guidance for parents](#)

Here are some easy things you can do to help your child:

Top 10 tips to support your child with revision

- Being a role model - Help support them with revision by asking them questions, reading their notes and listening to them.
- Help them set goals - Encourage them to keep their goals planner visible – e.g. printed and displayed on their bedroom wall. Help focus them and talk to them about their goals regularly
- Keep them active - Encourage them to keep active on a daily basis
- Healthy eating - Encourage them to eat breakfast everyday Eating the right food and drink can energise your system, improve alertness and sustain your child through the long exams
- Time out - Encourage them to build in opportunities to take some time out every week, away from study

- Sleep patterns - Young people need between 8 – 9 hours sleep per night
- Unplugging - Encourage them to unplug from technology everyday. Help them switch off from technology at least 30 mins- 1 hr before going to sleep
- Staying cool & calm - Promote a balance of their academic studies & other activities during the week
- Belief - Give them positive reinforcement
- Be supportive

This is the first real set of mock exams and is a vital stepping stone in preparing them for the real exams next year in year 11. If you have any questions or concerns please contact your son/daughter's tutor or Head of Year.

Yours faithfully



Mr S Gill
Assistant Headteacher
Raising Standards

<u>Date</u>	<u>Start Time - 9am</u>	<u>Start Time - 11.30</u>	<u>Start Time - 1.45</u>
<u>Wednesday 21st June</u>			English Language P1 - 1hr 45min
<u>Thursday 22nd June</u>	Maths P1 - 1hr 30min	Hospitality & Catering Practical - 2hrs (10B.1)	Computer Science (90min) Child Development (60min)
<u>Friday 23rd June</u>	Science - Biology - 1hr 15min	Hospitality & Catering Practical - 2hrs (10B.2)	Music - 1hr 15 min
<u>Monday 26th June</u>		Geography - 1hr 30min	English Language P2 - 1hr 45min
<u>Tuesday 27th June</u>	Science - Chemistry - 1hr 15min		Maths P2 - 1hr 30min
<u>Wednesday 28th June</u>	English Literature - 1hr 45min		Science - Physics - 1hr 15min
<u>Thursday 29th June</u>	Maths P3 - 1hr 30min	Hospitality & Catering Practical - 2hrs (10N)	History - 1hr 30min
<u>Friday 30th June</u>	French Reading & Listening (35min & 45min)	Hospitality & Catering Practical - 2hrs (10C)	Health and Social Care (1hr)
<u>Monday 3rd July</u>	Non Pupil Day		Non Pupil Day
<u>Tuesday 4th July</u>	Modern Britain - 1hr 45min		French Writing (1hr 15min)
<u>Wednesday 5th July</u>	Business (1hr 45min) Art - 5 hrs - All Day		Hospitality & Catering (1hr 30min)