STOKE DAMEREL Community College

5th June 2025

Dear Parent/Carer,

We have been incredibly impressed with the level of effort and commitment shown by our students throughout this academic year. On behalf of the school, I would like to thank you for your continued support in helping your child engage so positively with their learning.

During the week commencing **Monday 23rd June**, students in **Years 7 to 10** will take part in formal assessments across all subjects. In preparation for this, students will participate in structured revision sessions during school time. These sessions will include both teacher-led activities and guided independent study.

To support this process, each student will receive a list of topics to help guide their revision for each subject. A booklet outlining these topics is enclosed with this letter and is also available on our school website under the 'Learning' section.

This resource is designed to provide you with the information needed to support your child in developing effective revision strategies, both at school and at home.

We strongly encourage all students to plan their time carefully in the lead-up to these assessments. As part of their revision, they can make use of:

- Sparx online homework
- Self-quizzing and revision cards
- Exam questions included in their homework booklets

Teachers will also be offering additional support in lessons to ensure students are fully prepared.

To further assist, we have provided guidance on how parents can support their children during this time. Please visit our school website for additional resources:



Top 10 Tips to Support Your Child with Revision

- 1. **Be a role model** Ask questions, listen to them explain topics, and engage with their revision.
- 2. **Help set goals** Encourage them to display their goals planner somewhere visible and talk regularly about their progress.

- 3. **Encourage daily activity** Physical movement is essential for wellbeing and focus.
- 4. **Promote healthy eating** A nutritious breakfast and balanced diet can boost concentration and energy.
- 5. **Schedule downtime** Ensure they have regular breaks and time away from study to recharge.
- 6. **Support good sleep habits** Aim for 8–9 hours of sleep per night.
- 7. **Limit screen time** Encourage them to switch off devices at least 30–60 minutes before bedtime.
- 8. **Promote balance** Help them manage time effectively between schoolwork and other activities.
- 9. **Offer encouragement** Positive reinforcement can make a big difference to motivation.
- 10. **Be supportive** Simply being available to listen or talk through worries can ease pressure.

Thank you for your ongoing partnership in supporting your child's learning and wellbeing.

If you have any questions or queries please speak with your childs Head of Year.

Yours sincerely

Mr S Gill

Deputy Headteacher