

Psychology

Books • *Freud for Beginners* by Richard Appignanesi and Oscar Zarate

- *Introducing Psychology: A Graphic Guide to Your Mind and Behaviour* by Nigel Benson
- *Mindwatching: Why We Behave the Way We Do* by H.J. Eysenck and Michael W. Eysenck
- *Psychology: A Very Short Introduction* by Gillian Butler and Freda McManus
- *Psychology of Mind, Science and Behaviour* by R Gross (5th edition)
- *Routledge Modular Psychology Series*:
 - Awareness: biorhythms, sleep and dreaming
 - Classification and diagnosis
 - Early socialisation
 - Evolutionary explanations of human behaviour
 - Interpersonal relationships
 - Memory and forgetting
 - Physiological basis of behaviour
 - Psychopathology
 - Social cognition
 - Theoretical approaches in psychology
 - Therapeutic approaches

Magazines/journals

- *Psychology Review* (Quarterly)
- *The Psychologist* (Monthly)
- *Scientific American* (Monthly)

Websites/organisations

- *The British Psychological Society (BPS)*: <http://www.bps.org.uk>

- *Washington University Neuroscience Dept:* <http://faculty.washington.edu/chudler/neurok.html>