

Curriculum Extension Week 2026

Name:	Year 7
Dates:	10th - 17th July

Overview

Throughout the week, students will participate in a variety of activities which explore our local culture, history and diversity. Students will swim in Plymouth Lido, as well as having a private boat trip around Plymouth Sound and seeing the Dockyard close up. Whilst in school, students will participate in a number of theme based activities. When off-site, students will be split into two groups. Tutors 7.1-7.6 will be Group A (Blue); and Tutors 7.7-7.12 will be Group B (Yellow). When in school, students will mostly be within these two groups or with their tutor group.

Please see below a timetable for the week. All students must attend morning line up to ensure they hear important information for the day ahead.

Group	Friday 10	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17*
A	Sports Fest	Off site Swim then Boat Trip around Plymouth Sound	Theme based learning activities	Carousel Day 1 P1 - Inflatables P2 - Wise Up P3 - Curriculum activities	Carousel Day 2 P1 - Royal Navy P2 - Wise Up P3 - Curriculum activities	Celebration Day
B	Sports Fest	Off site Boat Trip around Plymouth Sound then swim				Celebration Day

***Please note, Friday 17th is a half day, so students will finish school at 12:30pm.**

Theme based learning/Curriculum Activities: Departments are planning individual sessions which explore exciting ideas and big questions within their subject area. Students will explore big ideas and work together on projects within the lesson.

Examples include:

English - *Your help is needed to solve a crime. A suffragette has been murdered in Edwardian London. Working with others your job is to consider all the evidence, weighing up the motive and opportunity of a number of suspects. Successful identification of the perpetrator will entitle you to a visit to an Edwardian sweet shop.*

Geography - *Can we protect people from earthquakes? Students will design and build earthquake*

proof buildings in teams using the specific and limited resources provided.

Science - *Who stole the school's supply of Golden Tickets? Using forensic science and your crime fighting skills identify who robbed Miss Rogers of the school's most precious items of value. Earn the chance to win the legendary mythical platinum ticket and find out what power it holds!*

Wednesday and Thursday will be a 3 Period day - each activity lasting for 1 ½ hours.

Inflatables: Take part in a session of fun and teamwork. Games are designed for students to win valuable house points, all adding to our end of year totals.

Wise Up: Building on our Culture of Kindness, students will take part in a range of team building tasks and activities. Wise Up is an organisation that works with whole year groups - all at the same time. Be prepared to work hard and have fun.

Royal Navy: Fitness is the key. Take part in a physical session run by Personal Trainers from the Navy.

Sports Fest: A range of activities that students compete in for their House, including capture the flag, athletics, benchball, competitions and many more activities

Food will be available between 11:00-12:00 on the Key Stage 3 playground. Students will be able to purchase food through this service using the normal method. Free School Meals will be available from this point.

All students will be given a free ice cream but can buy more if they wish from the ice cream vans that will be onsite.

What to bring/wear:

Friday 10th July: **Sports Fest** (Full PE Kit).

- Water (lots)
- Suncream
- Hat

Monday - **Boat Trip and Swimming** (can wear own clothes - not school uniform)

- Swimming costume
- Towel
- Water (lots)
- Plastic bag for wet swimmers
- Sun cream
- Hat
- Packed lunch (packed lunch will be provided for those entitled to free school meals)
- Wet weather coat (if needed)
- Sensible shoes (trainers) for walking
- Snacks

Tuesday - **Theme based activities** (PE Kit/School uniform)

Wednesday - **Carousel Day 1** (PE Kit/School uniform)

Thursday - **Carousel Day 2** (PE Kit/School uniform)

Friday - **Celebration Day** (PE Kit/School uniform)

Important information

Risk assessment:

All activities have been risk assessed by both the school and external providers and approved by our External Visits Coordinator. If parents/carers wish to see a copy of this full risk assessment, they can do so by requesting a copy from the school.

Food:

Students should bring a packed lunch with them on Monday.

Normal canteen provision will be available Tuesday to Thursday.

Food (BBQ) will be served during Sports Fest on the Key Stage 3 playground.

Free school meals will be provided throughout the week.

Personal items:

Any personal items such as phones, watches, books, headphones etc. that the students wish to take with them on the trip, will be their responsibility and the College cannot be held liable for any misplaced or broken items.

Non-uniform days:

We appreciate that students will want to wear their latest fashions on this day, however, we request that suitable clothing is worn. Students should wear clothing that covers midriffs, shoulders and shorts/dresses should reach mid-thigh. Nike Pro shorts are not acceptable. Footwear must be sensible i.e. trainers, and not be open-toed as this poses a health and safety risk.

Conduct and expectations:

Whether on-site or off-site, we expect students to behave in a sensible, calm and orderly manner at all times. The College reserves the right to extract a child from an event should their behaviour be a risk to themselves or others.

Absence:

Activities have been paid for in advance of this week, therefore should your child be unable to attend, we are unfortunately unable to refund any costs as the school is unable to retrieve these from the providers.

Should your child be absent during this week, please contact the school as normal to report their absence on each day.