

## **RE: 24th November 2021 Curriculum Collapse**

Dear Parents and Carers,

As a part of your child's education at Stoke Damerel Community College, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme.

Relationships, Sex and Health education (RSHE) education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

Throughout KS3 and KS4 students will cover aspects of healthy relationships, including friendships and intimate relationships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe and consent; developing self-esteem and confidence.

Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

The RSE curriculum is taught throughout the school in every year group through PSHE lessons and curriculum collapse sessions. The curriculum is monitored and reviewed regularly by the staff and governing body.

On 24th November 2021 Curriculum Collapse as part of the Personal, Social, Health and Education curriculum we are collapsing the curriculum to cover aspects of the statutory Relationships and Sex Education curriculum and work around inclusion and diversity. The programme will focus primarily on relationships and how to develop positive and healthy relationships. However, during the sessions we will cover aspects of honour based abuse (HBA) consent, safe sexual relationships, risky behaviour, contraception, sexually transmitted infections and making informed choices.

If you have any questions about the programme please do not hesitate to contact me at the college or email [skelly@sdcc.net](mailto:skelly@sdcc.net).

Yours sincerely



Mr S. Kelly  
Director of Specialist Services