

# HO OFF THE PRESS \* \*

**ISSUE 6** 

#### Dear Parents/Carers,

We end this half-term with plenty to talk about. The first being the incredible 5-day trip to Lisbon. The students had an amazing time which I'm sure has given them memories to last a lifetime and new found friendships both within school and internationally!

Our Sports Leaders have yet again been impressing with their hard work and dedication. The commitment they show is fantastic, shown through the lovely feedback we receive time and time again from external connections.

We have also had some personal successes from individual students who have gone above and beyond within their hobbies and work experience.

It's fair to say our students have had plenty of opportunities this half term and we wish them all a restful break.

Best wishes,

Anita Frier, Headteacher



#### **MENTAL HEALTH AWARENESS WEEK 2023**



On the theme of 'anxiety',

this year's Mental Health Awareness Week was from 15 to 21 May.

To mark the week, students shared their feelings and worries and also wrote positive tips to help with mental health, on a thought tree displayed in The Street.

Mr. Kelly also delivered assemblies to all year groups around Mental Health.

To find out more about Mental Health Awareness Week visit www.mentalhealth.org.uk









#### **LISBON TRIP 2023**

25 students and 3 staff members embarked on a trip of a lifetime to the beautiful Lisbon this half-term. A football mad itinerary saw students play against local Portuguese youth football teams and tour various football stadiums.

Our under 13 and under 15 teams played several Portuguese youth teams. Despite the near 30-degree heat our players showed amazing commitment, sportsmanship, and dedication.

Students also had the opportunity to visit the Portuguese giants SL Benifica, where they attended a coaching clinic, as well as visiting Benfica Stadium where they experienced walking out of the tunnel onto the pitch and saw Benfica's eagles who are kept within the stadium and released at matches.

A truly life-changing experience for many. This trip had everything we had hoped for.

**CLICK HERE TO READ MORE...** 









#### **EXETER CROWN COURT**

A group of Year 10 students had the incredible opportunity to visit Exeter Crown Court for their Modern Britain curriculum on crime and punishment this week.

Ayla said, "I loved talking to the judge and asking him questions about law and how he copes with difficult cases. It made me want to study law at a higher level."

Sarina said, "I liked how the judge was explaining personal experiences within his role and that everyone is human. I enjoyed experiencing a real life courtroom and learning about the factors behind a career in law in greater detail."

**CLICK HERE TO READ MORE...** 









#### **BODMIN JAIL TRIP**

The History department took 45 Year 10 GCSE History students and 4 of our Year 12 A Level History students for a guided tour of Bodmin Jail.

The students were led around the jail by Heritage Guides learning fascinating facts about the Bloody Code and the change in prisons over the 1800's-1900s including the use of punishments and the role of public executions.

Gracie, Year 12 student said, "To see how prisons have developed historically was really insightful, it was also interesting to see how our perception of crime and punishment has changed. Moreover, seeing how we could potentially improve modern systems was really intriguing."

# STUDENTS INTERVIEW A CROWN COURT JUDGE

Following the success of the Exeter Crown Court trip, the judge was so impressed by our students, he arranged for his colleague based in Plymouth to attend SDCC for a further workshop.

HHJ Peter Johnson gave students from KS3, 4 and 5 a scenario to work on, which allowed them to act out a court case as well as answering a Q and A session.

HHJ Johnson was really impressed with the way the students took to the challenge and how they were able to use their knowledge on the rule of law.

Bailey said, "I had some good advice on career choices and how to go about making law my first choice for my career."



#### **GET ACTIVE**

Active Devon have a schedule of events and opportunities coming up in May and June. Click the link for more information.

**Get Active with Active Devon** 

# PSYCHOLOGY GRADE BOOSTER WORKSHOP

Year 12 Psychology students took part in a fast-paced, interactive Grade Booster Workshop in Bristol, to help them reach those high grades in the Summer.

The atmosphere was fantastic, and our students made us proud by volunteering answers in front of a whole cinema full of their peers and winning several prizes including the much desired Tutor2u Beanie Hat!

Students came away with a wealth of knowledge that they can apply in their exams

as well as feeling confident in what they have already learned.

Dom stated "It opened my eyes to certain parts of the course that I found harder to grasp by nailing in the exam technique."







#### **MEDICAL LAW TRIP**

Campus Sixth Form students had the amazing opportunity to spend time at Plymouth University, where they took part in a lecture about the legal issues arising within the medical field.

What made the visit even more significant is that the talk was given by one of our former student's Lodine van Graan. Lodine is a second year undergraduate studying Law at Plymouth University. She finished Stoke Damerel Sixth Form in 2021 and is now halfway through her degree.

The presentation also touched on how to improve Mental Health and Wellbeing at university, a very useful focus. This visit further cemented the great links that our careers department have forged with the University.





# NO LABEL NO LIMITS WORKSHOP - Breaking stereotypes

Twenty-four students from across campus participated in the 5th No Label No Limits workshop this week.

This session focused on the girls understanding that there are no limits to the careers that they can pursue and considering careers that may be more male-dominated.

The girls completed a series of tasks and watched videos from Emma Watson, who spoke about ending gender inequality and one of the UK's only boxing MC's, Verity Panter, who acts as the MC at professional boxing fights, an industry traditionally dominated by men.

A big thank you to Emma Davis from Small Steps Big Vision for facilitating the session and for giving our young people inspiration and confidence to think differently about their future career paths.

**CLICK HERE TO READ MORE** 

# SIMEON IMPRESSES AT WORK PLACEMENT

One of our brilliant Year 10 students, Simeon recently completed a week's work experience at the National Marine Aguarium.

"I had the best time doing my work experience at the National Marine Aquarium. I had the opportunity to go behind the scenes. I went on top of the shark tank and fed the turtles. It was amazing up there, getting to see all the sharks and marine life up close. The Zebra shark, Zeus, swam at the top of the tank, so that was really cool to see!

"The whole experience was absolutely amazing!
I learned so many skills from public speaking to
communication skills and how to interact with the
public, not to mention tons of information on marine life.

"I'd really love to volunteer at the aquarium again and hopefully, that may lead to a job in the future! I've

always had an interest in Marine Biology and sea animals and after this experience, I know I definitely want to go into this as a career."

Well done Simeon!

CLICK HERE TO THE FULL STORY



# YEAR 12 VISIT EXETER UNIVERSITY

Our Year 12 students spent the day at Exeter University learning what life would be like if they decided to study there.

The visit included a tour of the campus where they discovered that the university has an outdoor heated

pool! Following the tour the students took part in a workshop designed to help them understand what going to university consists of.

The students are currently considering what they will do Post-18 and there will be many more activities in the coming months to help guide them, before their final decision.



# ACCURATE SENTENCES LITERACY COURSE

Eight competent students have been selected to work with undergraduate student ambassadors from Plymouth University who have been specially trained to deliver a Crafting Accurate Sentences Course.

The selected Stoke Damerel Community College students dedicate an hour, once a week after school, to work with their mentors, and it is clear that they are thoroughly engaged in every session.



Byron, said, "The course is helping me to create better sentences through the techniques and ideas that we discuss and learn in sessions."

It is evident that these sessions are enjoyed by all attending and will have numerous benefits in the long run for our aspiring writers.

#### PLYMOUTH SCHOOLS FOOTBALL SUCCESS

Two of our talented football players represented SDCC and Plymouth in a very successful tour with Plymouth Schools Under 14's and Under 15's.

The boys represent Plymouth and were selected from 160 students

for a squad of 16. Freddie in Year 9 and Lewis in Year 10 were absolutely outstanding on and off the field, contributing to 7 wins from 9 games along the way.



#### LAYCEE IMPRESSES IN WEIGHTLIFTING COMPETITION

Congratulations to Laycee, who competed in a National Weightlifting competition in Basingstoke.

Laycee managed to lift 51kg! Her combined weight did not see her placed on the podiums, as she was competing against women of all ages and abilities. She did however have a higher combined



score than 3 of the women she did compete against!





## BIOMEDICAL SCIENCE TALK

Year 12 students from across campus were lucky enough to have a Medical Masterclass all about Biomedical Sciences, delivered by the fantastic Dr Paul Laurance-Young from University of Plymouth.

Paul was very funny whilst being informative, describing how the role of a Biomedical Scientist involves "cutting pieces of dead people into smaller pieces", and also working to help diagnose patients with a variety of conditions.

Daisy said, "Dr Laurance-Young was very engaging, and the topic was very interesting. His presentation style kept us interested all the way through. The material was related to real life and was really fascinating."

**CLICK HERE TO READ MORE** 











#### **GOLD DOFE TRAINING WALK**

The Gold DofE students attended their second training walk this week and explored the area of Manaton on Dartmoor.

This time the students were walking independently and putting into practice all of their navigation skills. They did brilliantly, they were able to follow their planned routes and complete some tricky navigation, some even made it through the many bogs untouched!

The students worked together and kept one another's morale high with stops to take photos, look at the incredible views and even interact with the local cows! Positivity is an essential part of the final exhibition and the students are displaying this perfectly.

It was really lovely to see how well they have progressed.

**CLICK HERE TO SEE MORE PHOTOS** 





#### **GOLD DOFE WILD COOKING**

Our Gold DofE students went to Dartmoor to do some wild cooking in preparation for their expedition in June.

The teams were briefed to create a meal that they could cook using just a simple Trangia cooking stove, a small gas cannister and matches. There would be a prize for the best meal cooked, so the students took this incredibly seriously!

The meals were delicious and it is fair to say if this is the standard of cooking, they will be in for a real treat on the expedition in June!

**CLICK HERE TO SEE MORE PHOTOS** 

# DOFE SILVER OVERNIGHT EXPEDITION

The students from across campus joined forces this week to tackle their Silver DofE Practice Expedition.

This meant working in small teams to be totally

self-sufficient as they spent 3 days and 2 nights walking across Dartmoor, Yelverton, Tavistock, Princetown and Burrator.

It was a hugely successful expedition with 53 students completing and already looking forward to

the qualifier in the coming months. Many thanks to all the volunteer staff who made it happen.

#### CLICK HERE TO READ MORE AND SEE MORE PHOTOS









# BRONZE DOFE PRACTICE EXPEDITION

60 students from across campus took on the Bronze DofE Practice Expedition.

The students pushed their limits with two days of hiking and camping, carrying everything they need to be totally self-sufficient.



All of the students did extremely well, and came together in their groups and kept each other motivated.

**CLICK HERE TO READ MORE** 

#### SAFEGUARDING: IS YOUR CHILD SAFE ONLINE

Online grooming is a serious issue that affects children and young

people all over the world. It is the process of manipulating and building relationships with children online, with the ultimate goal of sexually exploiting them. The grooming process can take place on social media platforms, chat rooms, gaming sites, and other online spaces where children and young people spend time. In this article, we will explore the dangers of online grooming and how parents can protect their children from this threat.

One of the most significant dangers of online grooming is that it is often difficult to detect. Groomers are skilled at manipulating children and young people and can do so without arousing suspicion. They may use flattery, gifts, and attention to build trust with their victims, making it difficult for parents to detect that anything is wrong. Groomers may also exploit children's vulnerabilities, such as low self-esteem, to gain their trust and manipulate them.

Another danger of online grooming is that it can lead to sexual exploitation. Groomers may use the relationships they have built with children and young people to coerce them into performing sexual acts or sharing explicit images and videos. This can have long-term consequences for the victims, including trauma, depression, and anxiety.

Parents can take steps to protect their children from online grooming. The first step is to educate children about the dangers of online grooming and the importance of not sharing personal information with strangers online. Parents should encourage their children to be cautious when communicating with people they don't know and to report any suspicious behaviour to the Safeguarding Team or a trusted adult.

Parents should also monitor their children's online activity and be aware of the apps and websites they use. They should set clear rules and boundaries for internet use, such as limiting the amount of time their children spend online and restricting access to certain sites and apps. They should also check the age restriction on the apps, games or sites young people use. Parents are encouraged to have open and honest conversations with their children about online safety and encourage them to come to them if they ever feel uncomfortable or threatened online.

In conclusion, online grooming is a serious threat to children and young people. Parents need to be vigilant and take steps to protect their children from this danger. By educating children about the risks of online grooming, monitoring their online activity, and setting clear boundaries, parents can help keep their children safe from this threat.

For more help or advice contact the Safeguarding Team email safeguarding@sdcc-smhc.net or talk2us@sdcc.net

#### APP AWARE



Age restriction 17+

Kik is a messaging app that allows users to send and receive text messages, photos, and videos.

It is popular among teenagers and young adults due to its anonymity and privacy features.

Kik usernames are public, which means that anyone can add a user to their contact list and start messaging them.

It has been associated with online predators and cyberbullying incidents, so parents should monitor their child's use of the app.

Parents can set up parental controls on their child's device to restrict access to Kik and other potentially risky apps.

It is important for parents to talk to their children about online safety and the risks associated with using social media apps like Kik.

#### **DIARY DATES**

Awards Evening
Wednesday 28th June

Performing Arts Summer Showcase
Wednesday 5th July

End of Term
Friday 21st July

#### **CCF GO PAINTBALLING**

The CCF were invited to take part in a paintballing lane run by the regional training team at Stover school, Newton Abbot this half term.

For cadets the focus of the training was on working efficiently as part of a team and clearly

communicating any change in circumstances, skills which will serve them well as they move forward in life.



# SDCC SPORTS NEWS



# PGL NETBALL TOURNAMENT AT BARTON HALL, TORQUAY

What a weekend! Lots of hard work, lots of fun & lots of sunshine! 24 girls from year 7 & 8 competed in a 2-day netball competition against schools from all over the country.

They played some fantastic netball & really improved in each game. The girls showed real resilience and kept fighting until the last match in some very hot conditions.

The Year 8 Stars won all their matches on Saturday, only eventually losing out to a team they had previously beaten. They ended up in 3rd place after making the semifinals - a great effort!

It wasn't just about the netball though, the girls enjoyed going on all the outdoor adventure activities and led the dance off at the disco on Saturday evening!

We were really impressed by how well the students looked after each other & became friends across the year groups. They behaved impeccably and made the trip a great experience for all.

Well done girls - same again next year!











#### CRICKET SEASON KICKS OFF!

It's been a busy time for our Cricket Teams with the Year 9 team playing in the Devon Cup against DHSB, and our Year 7 and 8's taking part in their first soft ball cricket tournament.



The team's bowling and fielding was excellent, and the encouragement for each other was second to none.

Our Year 7 and 8 team won 3 out of their 5 games. Again, for a lot of the students it was their first experience of any type of cricket match, but they all got stuck in and learnt a lot. Well done to all of our cricket teams!

(Photo is of our Year 9 team at Cornwood CC playing their cup game)

#### YEAR 7 AND 8 TEAMS IMPRESS AT ATHELETICS EVENT

Year 7 and 8 students represented Stoke Damerel at the Plymouth Schools Team Selection Event at Brickfields this half term.

As the sun was shining the pupils performed amazingly to provide competitive races and events.

Stand out performances came from Tao for his excellent running and Alfie for his high jump. A big congratulations to Olivia for coming first in high jump and Kayla for working really hard in the heat.



# SDCC SPORTS NEWS

# SPORTS LEADERS

# SPORTS LEADERS IMPRESS AT GOALS EVENT

Seven of our Year 8
Sports Leaders attended
two events at Goals
this month to support
Primary & Secondary
Inclusion Football tournaments.



It was great to get such great feedback from Claire at the PSSP, "Thank you again for sending along some of your wonderful Sports Leaders for the Primary Inclusion Football today at Goals - they were, as always, absolutely brilliant.

"In my role, I have the opportunity to work with Sports Leaders from numerous Secondary schools and I have to say, your students always impress me. They are amazing with the children they are working with and will help me with anything that I need to ensure the events run smoothly. I get comments at every event from Primary staff about how good they are. They are all so brilliant - and such a credit to your school."

# SPORTS LEADERS RUN TAG RUGBY EVENT WITH YEAR 3 & 4 STUDENTS



Our SDCC Sports Leaders had a great morning of Tag Rugby with Year 3 & 4 students from Montpelier, Bickleigh Down & St Matthews.

The Sports Leaders led a warm-up for each team, a small activity and then officiated all of the match play. There were some fantastic skills on display & some super try scoring by the Year 3's and 4's!

Well done to all our Sports Leaders who displayed fantastic leaderships skills and really engaged with the primary school children.



### WIN FOR OUR YEAR 10 ROUNDERS TEAM

Year 10 Rounders team had an exciting fixture in the sunshine.

Students also attended a training session after school Tuesday and worked extra hard in their PE lessons in preparation for the match.



Their hard work paid off securing a win against Lipson. The girls communication and teamwork was a clear strength. There was some excellent batting from Kayleigh, Lily and Dominika with everyone also complimented Daisy's faultless bowling.

#### SPORTS LEADERS TRAINING

Congratulations to our amazing Year 8 Sports Leaders who have now completed Stage 2 of the KS3 Leadership Award in Coaching! During the morning they had to plan and deliver a session that included a warm-up, a skill activity and a game.

All of the students were brilliant and demonstrated confidence when leading a small group despite only being in the Academy since September.

Well done - we can't wait to see you getting involved in future sports events.

