

Wishing You a Safe and Merry Christmas Season

As we approach Christmas, I wanted to take a moment to send you warm wishes for a Merry Christmas and a Happy New Year. We hope this message finds you in good health and high spirits.

While the holiday season is a time for celebration and joy, it's also important to remember our safety and well-being. Here are a few reminders to help you have a safe and enjoyable Christmas:

- Stay Connected: Whether you're spending time with family or friends, make sure someone knows your plans and whereabouts. Keep your phone charged and check in regularly.
- Online Safety: If you're using social media to share your holiday experiences, be mindful of your privacy settings. Avoid posting specific details about your location and plans.
- Responsible Celebrations: If you attend parties or gatherings, make responsible choices. Know your limits, and if you're of legal age, avoid excessive drinking. Look out for your friends, and don't hesitate to seek help if needed.
- Travel Safely: If you're travelling during the holidays, plan your journey in advance. Ensure your transportation is reliable, and let someone know your travel itinerary.
- Mind Your Belongings: Be vigilant with your belongings, especially in crowded places. Keep an eye on your belongings, such as bags, wallets, and electronic devices.
- Emergency Contacts: Save emergency contacts on your phone, including local authorities, family members, and friends. In case of any unforeseen circumstances, you'll be prepared.

Remember, your safety is our top priority. We want you to have a wonderful and memorable Christmas, filled with laughter and joy. If you ever feel uncertain or need assistance, don't hesitate to reach out to a trusted adult or friend.

If you have any worries or concerns please contact <u>talk2us@sdcc.net</u> or <u>talk2us@scottcollege.net</u>. This email will be looked at regularly over the holiday break but not everyday. If you have any immediate concerns please contact the multi agency safeguarding hub (MASH) on 01752668000 or the police 101.

Wishing you a safe and Merry Christmas!

